

Stop Germs, Stop Flu!

Do you have the flu? Ask yourself two quick questions:

1. Do you have a fever?
2. Do you have other symptoms? A cough, sore throat, body aches, headache, chills, diarrhea or vomiting?

If your answer is **YES** to both, you might have the flu.

If you have the flu, what should you do?

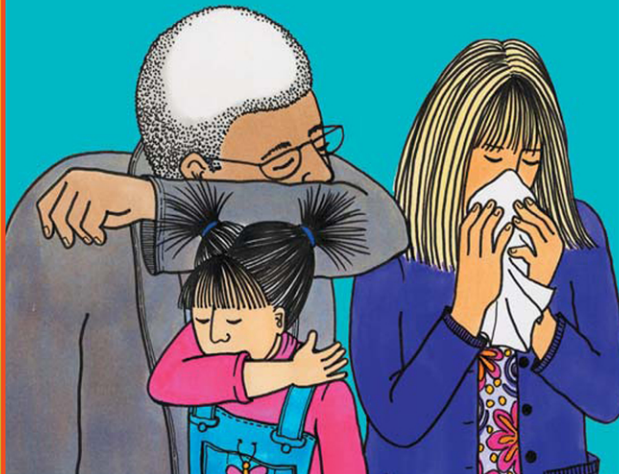
- Stay home, drink plenty of liquids and get rest.
- Protect the health of others by staying away from crowds, covering your cough, and washing your hands often.

If you aren't getting better, please call a health care provider.

When sick, stay home



Cover coughs and sneezes



**Wash hands often
for 20 seconds**



**Can't wash?
Use alcohol-based
hand sanitizer**



**Do Your Part,
Be Healthy Smart!**

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